

WOODSIDE & THORNTON HEATH SWIMMING CLUB

(Affiliated to Swim England & CBSA) **Web:** www.wthsc.co.uk **Email:** secretary@wthsc.co.uk



Training Timetable

DAY	VENUE	GOLD SQUAD	SILVER SQUAD	BRONZE SQUAD	PRE SQUAD	IMPROVER 3	IMPROVER 2	IMPROVER 1	BEGINNER
Monday	St Joseph's	7pm – 8.30pm	7pm -8.30pm	7pm – 8.30pm					7pm - 7.45pm
Tuesday	Thornton Heath	7.45pm – 9pm	7.45pm – 9pm		7pm – 7.45pm	7pm – 7.45pm	7pm – 7.45pm	7pm – 7.45pm	
Thursday	Thornton Heath	7pm – 9pm		7pm – 8.30pm					
Thursday	South Norwood		8pm – 9pm						
Friday	South Norwood	7pm – 8.30pm	7pm – 8.30pm	7.45pm –8.30pm	7.45pm– 8.30pm	7pm – 7.45pm	7pm – 7.45pm	7pm – 7.45pm	